## Solution 10

## 1. Präsenzaufgabe: Pseudo-Gradient Vector Field.

(a) The idea is as follows: The map  $d\pi(u): H^1(\mathbb{S}^1, \mathbb{R}^3) \to T_u M$  is surjective, so we can find any  $w = w(u) \in H^1(\mathbb{S}^1, \mathbb{R}^3)$  such that  $d\pi(u)w \in T_u M$  satisfies the desired conditions. Then for all  $v \in M$ , the element  $d\pi(v)w \in T_v M$  is defined. We claim that there is some neighbourhood  $U_u$  of u such that  $d\pi(v)w$  satisfies the desired properties for all  $v \in U_u$ . If this is proven we then proceed as usual by taking a locally finite refinement of the cover  $\{U_u\}$ and a Lipschitz continuous partition of unity to sum up the corresponding vectors.

To prove the claim, recall that

$$\|(d\pi(u) - d\pi(v))w\|_{H^1} \le C \|\nu(u) - \nu(v)\|_{H^1} \|w\|_{H^1},$$

where both  $d\pi(u)w$  and  $d\pi(v)w$  are viewed as elements of  $H^1$ . As the normal vector field  $\nu$  is smooth, and both u and v are (Hölder) continuous by Sobolev embedding, we can make this difference arbitrarily small and therefore  $||d\pi(v)w|| < 1$  for v close to u. From smoothness it also follows that  $d\pi(v)w$  is Lipschitz in a neighbourhood around u. As  $E \in C^1(M)$  also dE(u) depends continuously on u and therefore  $\langle dE(v), d\pi(v)w \rangle_{T_v^*M \times T_vM} > \frac{1}{2} ||dE(v)||$  will as well be satisfied for v close enough to u.

(b) The above construction nowhere used that  $S \subseteq \mathbb{R}^3$ , so it works analogue in the case of a hypersurface in  $\mathbb{R}^n$ . If the codimension  $\operatorname{codim}(S, \mathbb{R}^n) > 1$ , then we no longer have a normal vector field but instead a normal vector bundle (whose dimension is  $k = \operatorname{codim}(S, \mathbb{R}^n)$ ). Then we choose an ONB  $e_1(x), \ldots, e_k(x)$  of the normal vector bundle, depending continuously on  $x \in S$  and then  $d\pi(x)v = v - (e_1(x) \cdot v)e_1(x) - \ldots - (e_k(x) \cdot v)e_k(x)$ . The proof works then similarly.

## 2. Flow Invariant Family. Let

$$\tilde{P} = \{ p \in C^0([0,\pi]^{n-2}; H^1(\mathbb{S}^1, S) \}.$$
  

$$P = \{ p \in \tilde{P} \mid p(\vartheta_1, \dots, \vartheta_{n-2}) \text{ is a constant path if it exists } i : \vartheta_i \in \{0,\pi\} \}$$

Each  $p \in P$  then induces a map  $p: \mathbb{S}^{n-1} \to S$  using the parametrization of  $\mathbb{S}^{n-1}$  via  $S^1 \times [0, \pi]^{n-2}$ . Call the diffeomorphism  $\Psi: S \to \mathbb{S}^{n-1}$ . Then we define the family

$$\mathcal{F} = \{ p \in P \mid \Psi(p(\vartheta_1, \dots, \vartheta_{n-2})(\varphi)) \text{ is homotopic to } id \colon \mathbb{S}^{n-1} \to \mathbb{S}^{n-1} \}.$$

Let now  $\Phi(t)$  be a 1-parameter family of homeomorphisms of  $H^1(\mathbb{S}^1, S)$ . Note that  $\Phi(0) = id$ . Let  $p \in \mathcal{F}$ , i.e. the map  $\Psi(p(\vartheta_1, \ldots, \vartheta_{n-2})(\varphi))$  is homotopic to the identity.

 $\Phi(1) \circ p: [0, \pi]^{n-2} \to H^1(\mathbb{S}^1, S)$  is homotopic to p via the homotopy  $\Phi(t) \circ p$ . (Note that all  $\Phi(t) \circ p$  are in particular elements of P, because  $\Phi(t)$  maps constant maps to constant maps.) Then we can use this homotopy in the sense of

$$(\varphi, \vartheta_1, \dots, \vartheta_{n-2}, t) \mapsto \Psi(\Phi(t) \circ p(\vartheta_1, \dots, \vartheta_{n-2})(\varphi))$$

to show that  $\Psi(p(\vartheta_1, \ldots, \vartheta_{n-2})(\varphi))$  is homotopic to  $\Psi(\Phi(1) \circ p(\vartheta_1, \ldots, \vartheta_{n-2})(\varphi))$  which implies that the latter is homotopic to the identity, so  $\mathcal{F}$  is  $\Phi$ -invariant.

**3.** Closed Geodesic. With exactly the same steps as in the lecture we can show that E satisfies  $(P.-S.)_{\beta}$  for all  $\beta \in \mathbb{R}$ . As the family  $\mathcal{F}$  is flowinvariant, we know that

$$\beta = \inf_{p \in \mathcal{F}} \sup_{\vartheta_i \in [0,\pi]} E(p(\vartheta_1, \dots, \vartheta_{n-2}))$$

is a critical value. We now need to show two things: If dE(u) = 0 for some u, then u is a closed geodesic and on the other hand that  $\beta > 0$  so that the closed geodesic we obtain is not a trivial one.

Assume dE(u) = 0. Then for every  $\varphi \in H^1(\mathbb{S}^1, \mathbb{R}^n)$ :

$$\begin{split} 0 &= \langle dE(u), \varphi - \nu(u)(\nu(u) \cdot \varphi) \rangle \\ &= \int_0^1 \dot{u} \dot{\varphi} - \dot{u} \frac{d}{ds} \Big( \nu(u)(\nu(u) \cdot \varphi) \Big) \, ds \\ &= \int \dot{u} \dot{\varphi} - \dot{u} \cdot \frac{d}{ds} (\nu(u))(\nu(u) \cdot \varphi) \, ds, \end{split}$$

because  $\dot{u}(x)$  lies in the tangent space  $T_{u(s)}S$  and therefore is orthogonal to  $\nu(u(s))$ . So we get that in the sense of distributions

$$\ddot{u} = -\left(\dot{u} \cdot d\nu(u)\dot{u}\right)\nu(u). \tag{1}$$

 $\dot{u} \cdot d\nu(u)\dot{u}$  is an  $L^1$ -function whereas  $\nu(u)$  is bounded. So  $u \in W^{2,1} \hookrightarrow C^1$ . Then  $\dot{u} \in C^0$  and again by the above formula  $u \in C^2$  and in particular it satisfies (1) as function (not just in the distributional sense), i.e.  $\ddot{u}$  is proportional to  $\nu(u)$  or, in other words, orthogonal to the tangent space. This is the definition of a geodesic.

To prove that  $\beta > 0$  we first bound the diameter of a function  $u \in H^1(\mathbb{S}^n, \mathbb{R}^n)$  by

$$|u(t) - u(s)| \le \int_{s}^{t} |\dot{u(r)}| \, dr \le \sqrt{|t - s|} (2E(u))^{\frac{1}{2}}, \quad 0 \le t, s \le 1.$$

This is < d (the radius in which the nearest neighbour projection is defined) if  $E(u) < \frac{d^2}{2} =: \beta_0$ . We will show that  $\beta \ge \beta_0$ .

Assume not. Then there is  $p \in \mathcal{F}$  satisfying  $\sup_{\substack{\vartheta_1, \dots, \vartheta_{n-2} \in [0, \pi]}} E(p(\vartheta_1, \dots, \vartheta_{n-2})) < \beta_0$ . We will prove that p is homotopic to a constant map. This gives then a contradiction, as  $\Phi \circ p$  was assumed to be homotopic to the identity and the identity map  $\mathbb{S}^{n-1} \to \mathbb{S}^{n-1}$  is not homotopic to a trivial map.

Consider the following homotopy:

$$h(\vartheta_1, \dots, \vartheta_{n-2}, s)(\varphi) = \pi \Big( p(\vartheta_1, \dots, \vartheta_{n-2})(0) + s(p(\vartheta_1, \dots, \vartheta_{n-2})(\varphi) - p(\vartheta_1, \dots, \vartheta_{n-2})(0)) \Big)$$
$$= \pi \Big( sp(\vartheta_1, \dots, \vartheta_{n-2})(\varphi) + (1-s)p(\vartheta_1, \dots, \vartheta_{n-2})(0) \Big).$$

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From the first form we see that this is indeed well defined because |p(t') - p(t)| < d for all choices of choices of t and t' as caluculated above. From the second form we see that this is a homotopy between  $p(\vartheta_1, \ldots, \vartheta_{n-2})(\varphi)$  and the constant maps  $p(\vartheta_1, \ldots, \vartheta_{n-2})(0)$ . We can now find a further homotopy contracting this to a constant map:

$$\tilde{h}(\vartheta_1,\ldots\vartheta_{n-2},s_1)(\varphi) = p(s_1\vartheta_1\ldots\vartheta_{n-2})(0)$$

which contracts everything to the map  $\tilde{p}(\vartheta_1, \ldots, \vartheta_{n-2})(\varphi) = p(0, \vartheta_1, \ldots, \vartheta_{n-2})(\varphi)$ , which is a constant map by definition of  $\mathcal{F}$ .